



9th UNICA GREEN Workshop
More sustainable lifestyles –
What role can universities play?

6-8 March 2019
University of Lausanne (UNIL), Lausanne, Switzerland

Wednesday, 6 March 2019

11:00 – 15:30	(Core Group members only) Meeting of the UNICA GREEN Core Group Including lunch <i>Amhipole, room 318</i>
16:30 -17:15	Registration and welcome coffee <i>Amphimax, in front of room 414</i>
Session 1: Opening of the 9th UNICA Green workshop <i>Amphimax, room 414</i> <i>Session chair: Augustin Fragnière</i>	
17:30- 17:45	Opening by Nouria Hernandez, Rector of UNIL and Benoît Frund, Vice-Rector in charge of Sustainability and Campus management UNIL
17:45- 18:45	Sustainable lifestyles in an unsustainable culture: What we can learn from critical teaching and research on cognitive dissonance and existential obstacles by Prof. Christian Arnsperger, UNIL
18:45- 19:15	“Green your University Award” Ceremony Kris Dejonckheere, UNICA secretary general Thick Sweater team, GYU Award winner, ULB
19:15	Buffet dinner

Thursday, 7 March 2019

Session 2: Good Practices exchange

Amphimax, room 414

Session chair: Alexandra Demoustiez

8:00 – 8:30	Good Morning Coffee
8:30-9:15	A Transition to Sustainable Lifestyles – The Role of Universities by Bojan Baletić, University of Zagreb
09:15 -10:15	<ul style="list-style-type: none">• Mapping university’s activities according to SDG, by Christine Bratrich, ETH Zürich• Act for Change, studying the long term impact of an awareness campaign based on gaming theory, by Aurore Nembrini, EPFL Lausanne
10:15 – 10:30	Break
10:30 – 12:30	<ul style="list-style-type: none">• Cooperation of universities with other societal actors to support Education for Sustainable Consumption, by Jana Dlouhá, Charles University Environment Centre• The Climate House project, by Katinka Grønli and Øystein Liverød, University of Oslo• Energy awareness campaign based on participative process - results and outcomes, by Loïc Furcy, University of Lausanne• 6 E’s for sustainable change: positive psychology in sustainable awareness and behavior change, by Cathy Macharis and Rebecca Lefevere, Vrije Universiteit Brussel
12:30- 14:00	Lunch (Unithèque building)

Session 3: Changing Behaviour

Amphimax, room 414

Session chair: Stefano Cordiner

14:00 - 14:30	<p>Applying sobriety policy in Zürich, by Tina Billeter, City of Zürich</p> <p><i>To achieve its energy objectives, the city of Zurich has implemented a policy of sobriety since 2010. Tina Billeter presents the content of this policy, the barriers and opportunities encountered in its implementation, and how it could also be applied in universities.</i></p>
14:30 – 17:30	<p>Changing people behaviour: another approach by Yves François and Jeremy Grivel, aXess Lab, Vevey</p> <p><i>aXess is a consultant agency specialized in behaviour change strategies. It uses scientific data from neuroscience and social psychology to help institutions bring about change without imposing it.</i></p>
17:30 – 19:00	<p>Social program</p> <ul style="list-style-type: none">• Visit of photo exhibitions of Sustainability Week• Walk on the campus of UNIL• Visit of the Rolex learning Center, EPFL, with Axess Lab• Experimenting science mediation at UNIL, l’Eprouvette
19:00 - 19:30	<p>Transport</p>
19:30 - 22:30	<p>Dinner At Le Castel de Bois-Genoud, Crissier</p>
22:30	<p>Return to town</p>

Friday, 8 March 2019

Session 4: Changing behaviour

Amphimax, room 414

8:00 -8-30	Good Morning Coffee
8:30 -10:30	Changing people behaviour: another approach aXess Lab, Vevey <i>Based on theoretical aspects explained the day before, participants will be invited to reflect on practical cases (among them, Vortex, the future student's housing building of UNIL).</i>
10:30-10:45	Coffee Break

Session 5: Parallel sessions

Amhipole, rooms 315, 338, 340, 340.1

11:00-12:15 Amhipole 340	Session 5.1: Sustainable Governance: Sociocracy by Grégoire Chambaz and LaMoViDA, University of Lausanne <i>LaMoViDA (Laboratory for Sustainable and Alternative Lifestyles) is an active student association of UNIL carrying out a project aimed at the construction of an eco-place for housing, research and learning. The governance of this eco-place intends to be based upon sociocracy's principles. In this workshop, LaMoViDA will introduce the participants to this system of governance and make them reflect on how it can be applied in the project.</i>
11:00-12:15 Amhipole 338	Session 5.2: Students focus session <ul style="list-style-type: none">• SAVES 2 Project, by Joanna Romanowicz, NUS UK• ESSA Project, by Rachel Drayson, NUS UK• Thick Sweater team, GYU Award winner, ULB• Sustainability Week Switzerland, by Marie-Claire Graf, VSN-FDD-FDD• Unipoly, Sustainability Association at EPFL & UniL, by Paul Castelain <i>This session aims to gather students from Belgium, UK and Switzerland in order to present a diversity of projects and foster exchanges on students' actions in sustainability, on their campus and outside.</i>
11:00-12:15 Amhipole 340.1	Session 5.3: Sustainable rebound after the Genoa bridge collapse: PRINCE project by Luca Moreschi and Selena Candia, University of Genoa <i>The PRINCE project is an experimental programme started in 2018 to encourage sustainable mobility after the collapse of Genoa Bridge. The research team of the University of Genoa will trace students' mobility and map their journey to reach the campus. Within this project, several incentives will be put in place in order to encourage students to maintain sustainable commuting habits.</i>

<p>11:00-12:15 Amhipole 315</p>	<p>Session 5.4: Reflecting about professional mobility by Julien Meillard, University of Lausanne and Fabian Greub, University of Neuchâtel.</p> <p><i>More and more universities acknowledge the impact of business travel, especially those undertaken by researchers. Fabien Greub, Secretary General at the University of Neuchâtel, will share the experience gathered with the recent introduction of a carbon tax on air travel. Participants will then be able to share good practices from universities concerning this challenge and reflect together on the implementation of a professional mobility policy.</i></p>
<p>Closing session Amphimax, room 414 Session chair: Bojan Baletić</p>	
<p>12:30-13:00</p>	<p>Closing of the workshop by the UNICA GREEN Chairs by Rebecca Lefevere (VUB) and Benoît Frund (UNIL)</p> <p>What future steps for UNICA GREEN? by Bojan Baletić, University of Zagreb</p> <p>The message from UNICA by Kris Dejonckheere, UNICA Secretary general</p>
<p>13:15-14:15</p>	<p>Farewell lunch (Unithèque building)</p>
<p>14:30 -16:30</p>	<p>Wrap-up (Core Group members only) - <i>Amhipole, room 318</i></p>