

A woman with brown hair, wearing a patterned short-sleeved shirt and blue jeans, is smiling and holding a large bouquet of yellow dandelions. She is standing in front of a modern glass building with a grid-like structure. The image is split vertically, with the left side showing the woman and the right side containing text.

Helsinki Cooperation for the Environment

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Services Authority*

Greater Helsinki

Population 1.36
million

-> 25 % total
population

Area 2970 km²

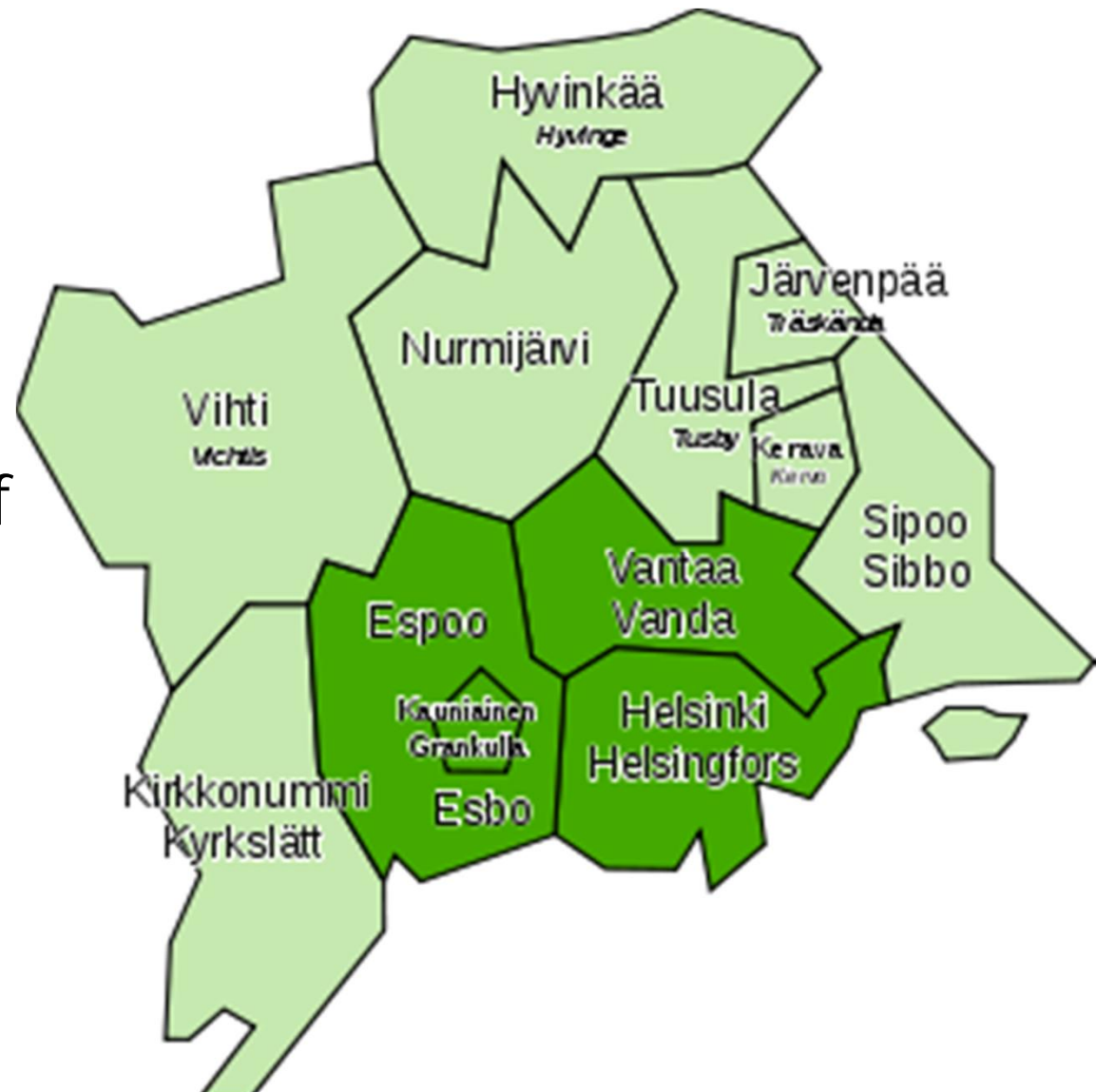
-> 1 % of total area of
Finland

University of Helsinki

Students: 36 500

Staff: 8600

Teacher&Res: 4800



helsinki.fi

+23 °C



FI SE EN

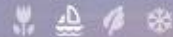


CITY OF HELSINKI
www.hel.fi



UNIVERSITY OF HELSINKI
www.helsinki.fi/university

Helsinki in the summer. People soak up the sun's warmth wherever they can in parks, by the sea. The sun celebrates summer with us round the clock.



EVENTS



GO TO STREETVIEW

YOUR HELSINKI

Helsinki.fi is a window into the life, events and services of the university city. Take a look into the varied offering of the capital city, a meeting place for science and culture. Find routes to important public



HELSINKI THINK
COMPANY



CITY SERVICES

TRANSPORT

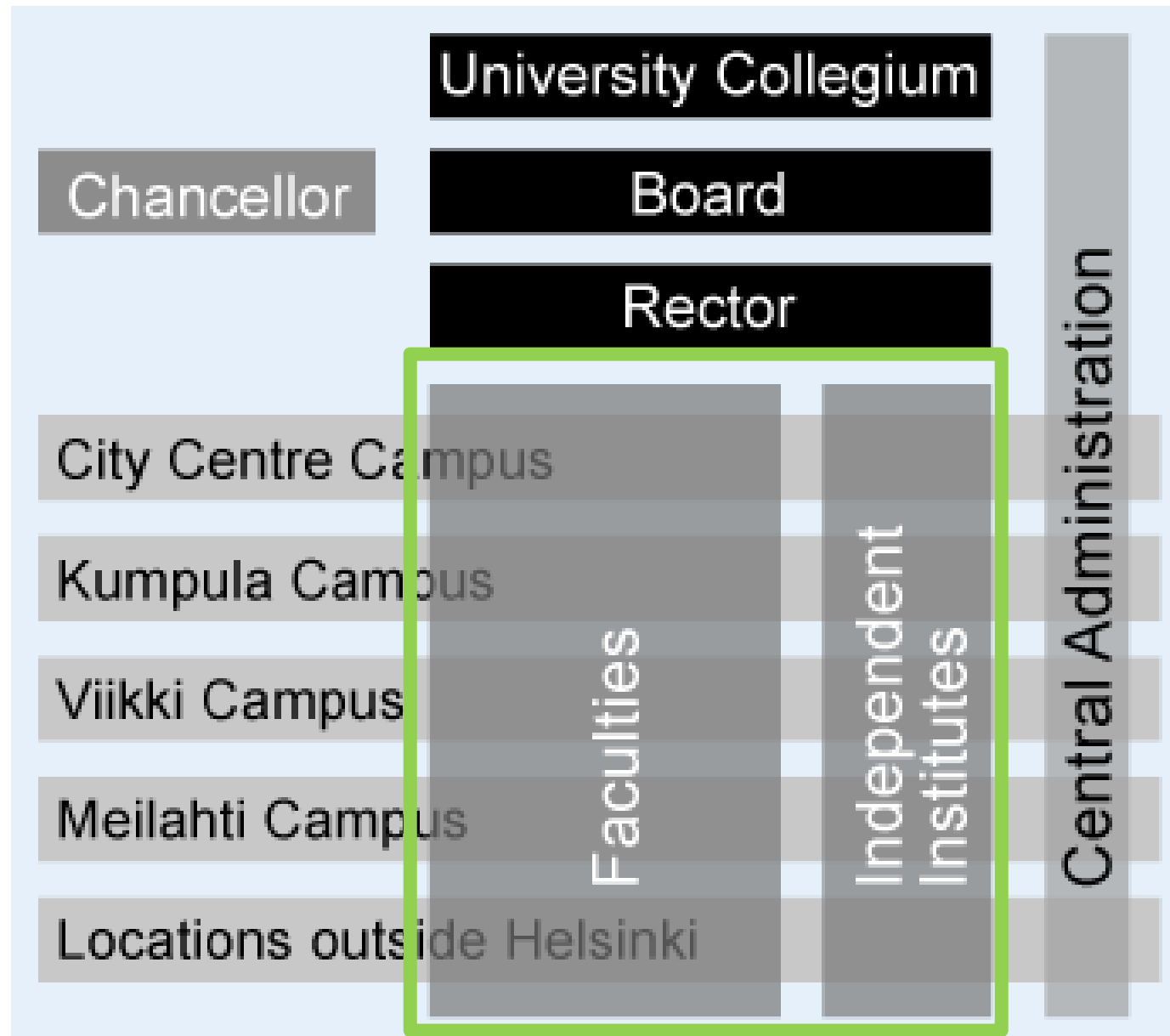


HOUSING

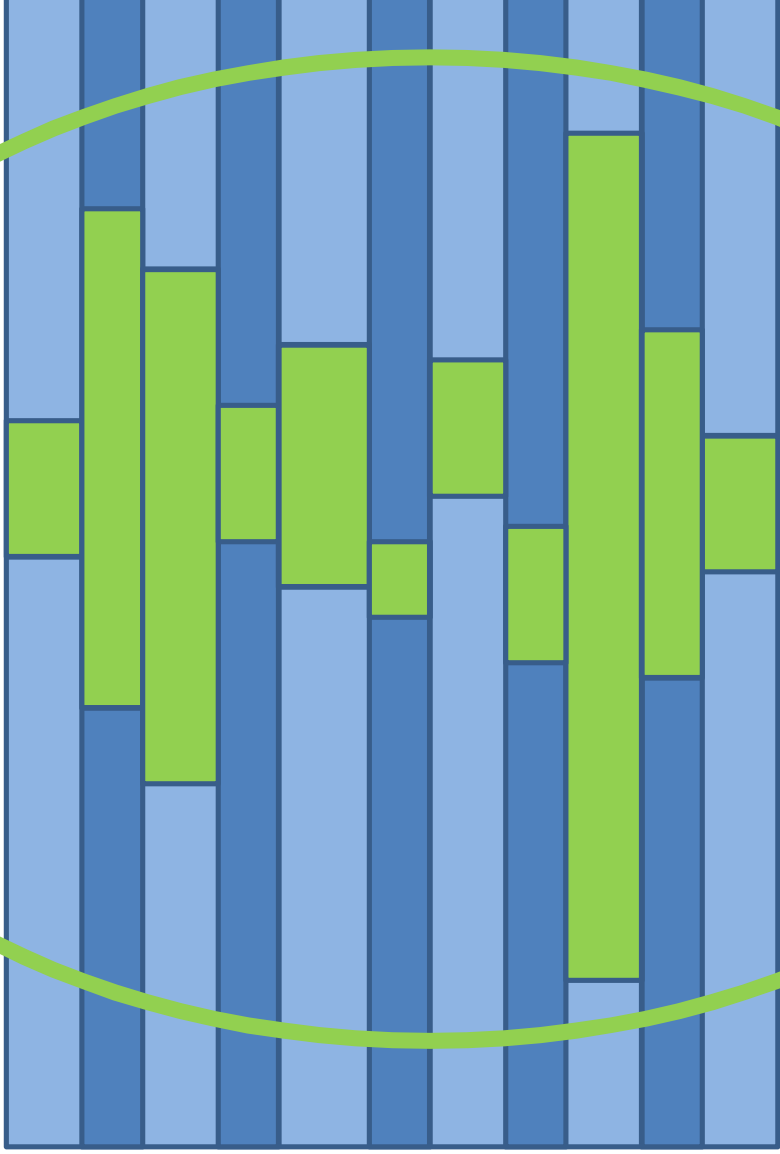


Organisation chart

<http://www.helsinki.fi/inbrief/organisation.htm>



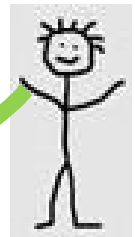
Faculties



Independent institutes



Helsinki University Centre for Environment HENVI





HELSINKI UNIVERSITY CENTRE FOR ENVIRONMENT, HENVI

- Carries out and coordinates environmental research and teaching in UH
- All 11 faculties of the University of Helsinki are participating
- Formed in May 2008
- Aim is to enhance interdisciplinary environmental research and teaching and to raise public awareness of environmental issues.



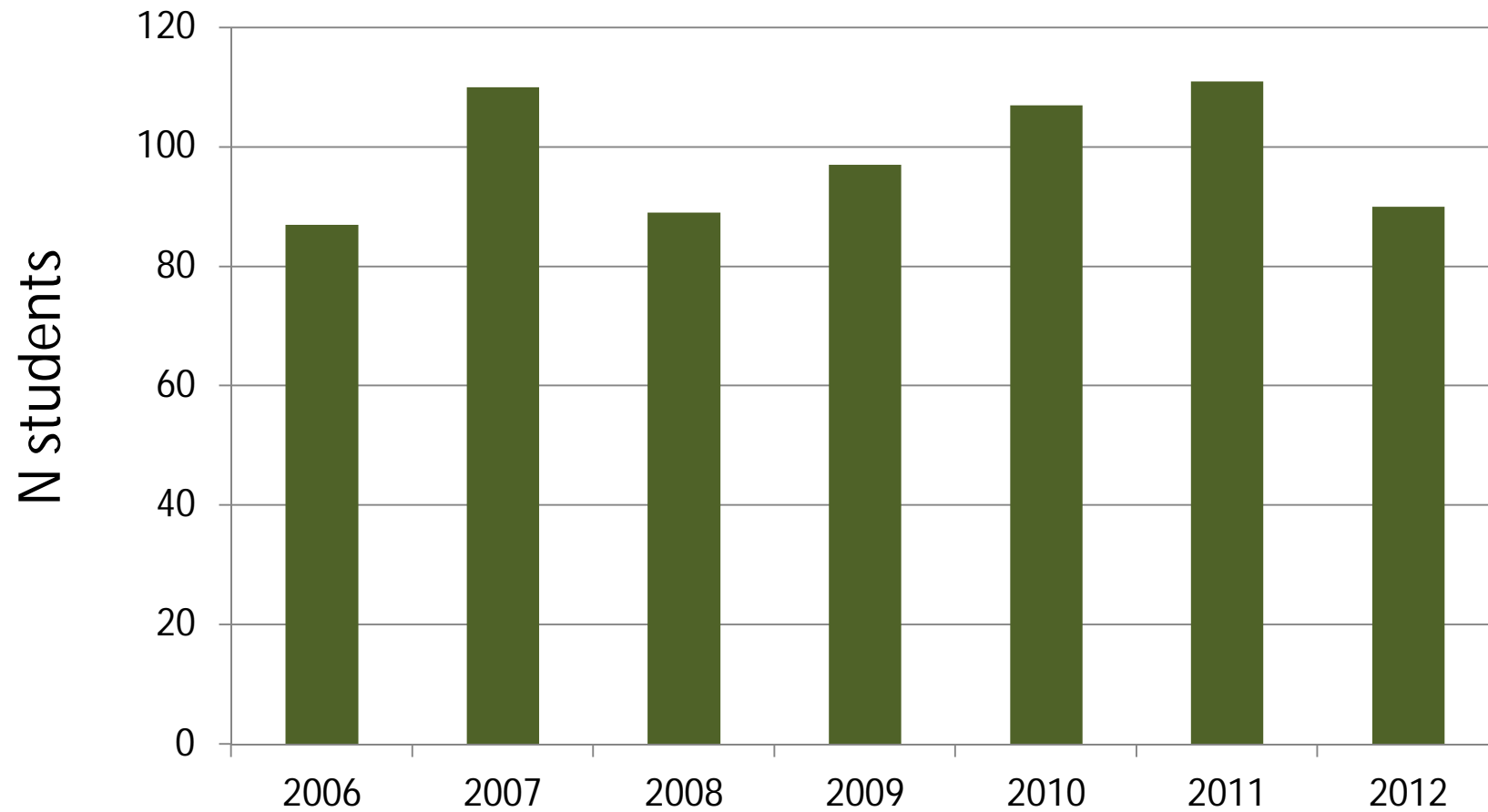
TASKS

- Environmental research and teaching and societal interaction, outreach

RESOURCES

- Research coordinator
- University lecturer
- Research funding (UH): 3 research programmes
- External funding: 8 joint researchers

HENVI students per year





The Green Guide

1. What is UH doing?
2. What can I do?
3. At home in the city
4. Test your climate savings

[DIRECTORY AND SERVICES](#)[TOOLS](#)[UNITS](#)[NEWS AND EVENTS](#)[OWN PAGES](#)[Students](#)[Researchers](#)[Teachers](#)[Human resources](#)[Staff services](#)[About the University](#)[Directory and services](#) » [Students](#) » [The green guide](#)

THE GREEN GUIDE



The Green Guide gives you an insight to environmental issues at the university and in the life of a student. The guide provides you with info, links and tips to ecological living, and challenges you to reflect on the preconditions of sustainability.

You will find out what the University of Helsinki is doing to protect the environment, how you as a student can make a difference, and what opportunities the city of Helsinki has to offer for fun and sustainable living and free time!



What is UH doing?

Read about the university's environmental responsibility and partnerships.



What can I do?

Find out how you can do your bit and be sustainable!



Test your climate savings!

Take the test and see if you can gain 1000 kg of emission savings!



At home in the city

Learn about ecological living and free time activities in the city and around.

Registration and enrolment

[+ Basic information on studies and study progress](#)[+ Studies, study opportunities and student involvement](#)[+ Exchange opportunities and traineeships abroad](#)[Basic information for exchange students](#)

Living in Finland

[+ Studies and employment](#)[+ Student Services](#)[+ Library and information services](#)[+ Information technology](#)[+ Study-related certificates and transcripts](#)[+ Student benefits and discounts](#)[+ Financing of studies](#)

Health care and wellbeing

[+ UniSport](#)[Student Union and student organisations](#)[+ The green guide](#)[+ What is UH doing?](#)

Aimed at the new-coming students

Information and participation in

- Transportation: Journey planner, biking routes,
- Meals, cafeterias
- Water and Energy consumption: local energy supplier, student housing
- Recycling: facilities
- Recreation, nature trails in the city
- Gardening at the campus



1. What is UH doing?



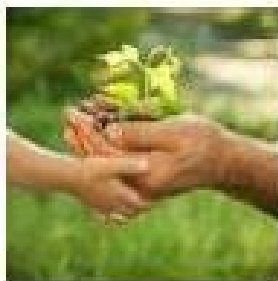
Information in English coming soon.



University's
environmental
responsibility



Environmental
research and teaching



Environmental
partnerships

2. What can I do?



In the jungle of green concepts



Energy and water



Food & the environment



Green consumerism



Transport



Recycling and reducing waste



Paper and printing



Environmental studies



Take action & participate!

Test your climate savings!

- Take the test and see if you can gain 1000 kg of emission savings!

KUVAT & VIDEOT

Etsi...

Etusivu > Osallistu

Osallistu

Voisitko vaihtaa pihvin tofuun tai autoretken junamatkaan? Samalla kun hiilijalanjälkesi pienenee, säästät usein myös rahaa ja aikaa – ja terveyskin kohenee. Kokeile ja saatko tonnin kasaan! Nykyisen hiilijalanjälkesi voit laskea esimerkiksi [Ilmastolaskurin avulla](#).

1. VALITSE VETOSI

<input type="checkbox"/> En heitä ruokaa pois.	Säästö CO ₂ kg/vuosi
<input type="checkbox"/> Seuraan kodin sähkönkulutusta säännöllisesti ja kokeilen miten kulutusta saa vähennettyä.	Lisätietoa > 100
<input type="checkbox"/> Kuivaan pyykkiä narulla kuivausrummun sijaan.	Lisätietoa > 230
<input type="checkbox"/> Valitsen kymmenen neliötä pienemmän asunnon.	Lisätietoa > 345
<input type="checkbox"/> Pudotan sisälämpötilaa kaksi astetta 23 asteesta 21 asteeseen.	Lisätietoa > 360
<input type="checkbox"/> Vaihdan henkilöautoni vähäpäästöiseen vastaavaan (ajomäärä 15000 km/vuosi).	Lisätietoa > 195
<input type="checkbox"/> Sammutan laitteista aina lepotilat.	Lisätietoa > 1200
<input type="checkbox"/> Vaihdan oman autoni yhteiskäyttöautoon.	Lisätietoa > 60
	Lisätietoa > 400

- KAMPANJAN TULOKSET -

TILANNE

481 077

CO₂ KILOA

TAVOITTEENA

5 000 000

CO₂ KILOA

- OMA VETO -

1. Valitse omat vähennystavoitteesi ruksaamalla haluamasi vaihtoehdot.

3. At home in the City

AT HOME IN THE CITY



Information in English coming soon.

Helsinki City Library



Foundation for Student Housing in the Helsinki Region

Homes for students

MUUTAMA VINKKI FIKSUMPAAN ASUMISEEN

TÄMÄ ON
SINUN
KOTISI



THIS IS
YOUR
HOME

KYTKE POIS,
EI VAIN
VALMIUS-
TILAAN



OFF IS
BETTER
THAN
STANDBY

JAETTU
ILO ON MYÖS
HALVEMPI



SHARING
IS NICE AND
CHEAPER

ERITTELE
JA KIERRÄTÄ
ROSKASI



SEPARATE
AND RECYCLE
YOU GARBAGE

SAMMUTA
VALOT
LÄHTIESSÄSI



TURN OFF
LIGHTS
WHEN YOU
LEAVE

KÄYTÄ
ENNEMMIN
PORTAITA



CHOOSE
THE STAIRS
INSTEAD

5 MIN.
SUIHKU ON
RIITTÄVÄ



5 MIN.
SHOWER IS
ENOUGH

PUHDAS
KESTÄÄ
PIDEMPÄÄN



CLEAN
LASTS
LONGER

TUTUSTU
NAAPUREIHISI



GET TO
KNOW YOUR
NEIGHBOURS

FEW TIPS FOR SMART LIVING

MUUTAMA VINKKI FIKSUMPAAN PYYKINPESUUN

PESE
VAIN
LIKAISTA
PYYKKIÄ



WASH
ONLY
DIRTY
CLOTHES

PESE
TÄYSIÄ
KONEELLISIA



WASH
FULL
LOADS

KÄYTÄ
YMPÄRISTÖ-
YSTÄVÄLLISIÄ
TUOTTEITA



USE
ECOFRIENDLY
DETERGENT

KÄYTÄ
VARAUS-
LISTAA



USE THE
RESERVATION
LISTS

LINKOA
HITAAMMIN



TUMBLE
SLOWER

NARU-
KUIVAA



LINE
DRY

PESE
KYLMASSÄ



USE
COLDER
WATER

FEW TIPS FOR SMART LAUNDRY



Journey Planner

Helsinki Region Transport

Mobile | Suomeksi | På svenska | По-русски | Slangi | Feedback

My Journey Planner

Log in >

Route search

Timetables and stops • Route map • Cycling and walking

HSL.fi ↗

Route search

+ Advanced search

From Viikinkaari 1, Helsinki

Map | A-Ö

Several matches found, please select one ▼

To Näätäkuja 12, Helsinki

Map | A-Ö

Time 14 : 44

Date ☒ Today

☒ Departure time

☐ Tomorrow

☐ Arrival time

☐ 4.6.

Search



Timetable search

Route or stop number

Search

Route suggestion

Fastest ▼

Modes of transport



Show 5

Departure

14:47 Viikinkaari 1, Helsinki ▾

14:53 Latokartano (3178) ▾

15:00 Kettukuja (4180) ▾

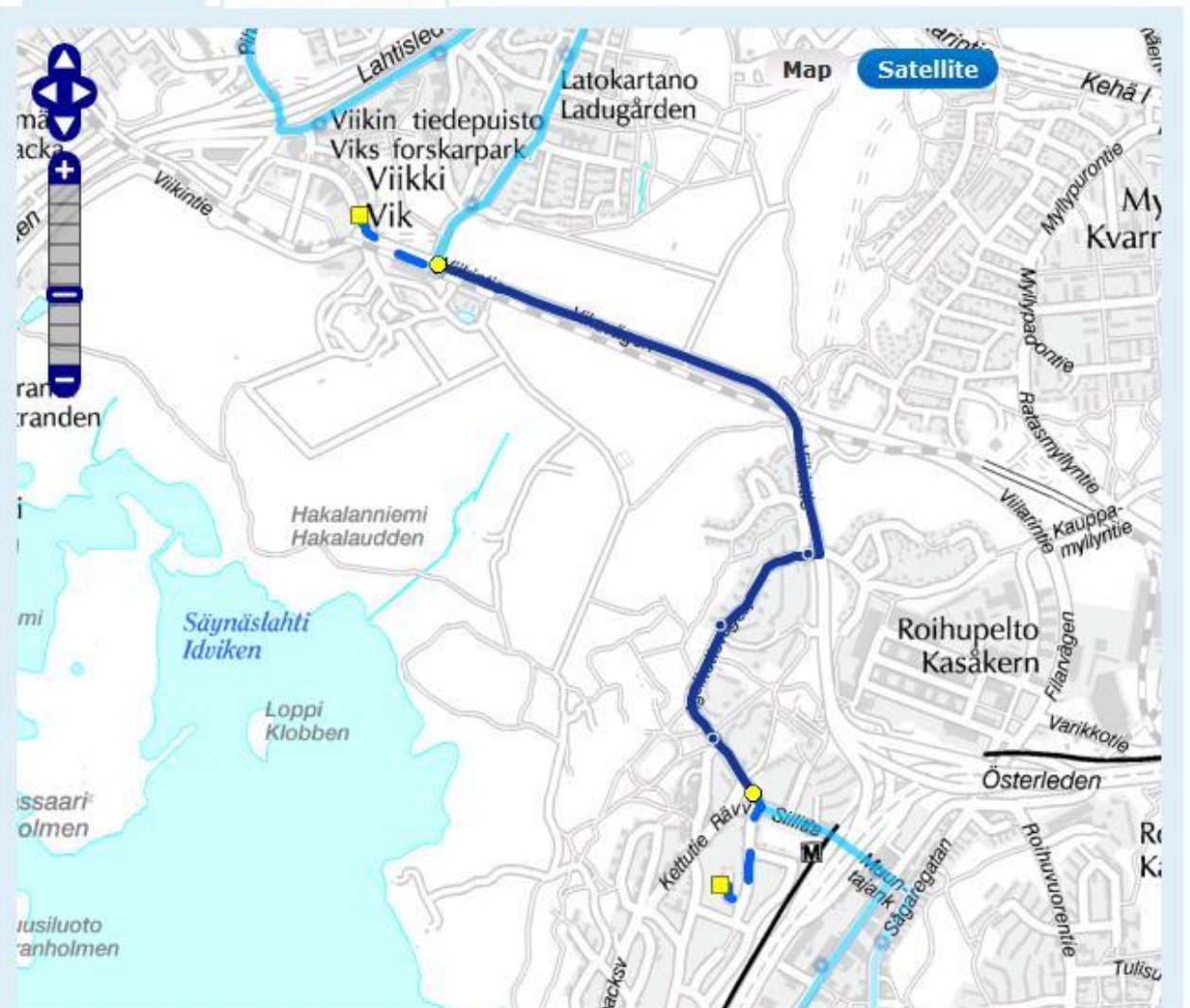
15:06 Näätäkuja 12, Helsinki ▾

Arrival

Total length of the route ~ 3.8 km

» Continue journey from destination

Route map Transfer maps












Route suggestion

Fastest

Modes of transport



Show 5

	Start		Arrival		Travel time	Total walking distance			
1	14:47	 0.4 km	14:53	79  Latokartano	15:00	 0.5 km	15:06	19 min	0,9 km
2	14:53	 0.4 km	14:59	79  Latokartano	15:06	 0.5 km	15:12	19 min	0,9 km
3	14:59	 0.4 km	15:05	79  Latokartano	15:12	 0.5 km	15:18	19 min	0,9 km

← Earlier Now Later →

Please note that the results are based on estimated travel times. HSL cannot guarantee that the suggested transport connection will be successful.

Weather in destination: +23 1 ms

Route 1 details

CO2 emissions of the route

0.2 kg

Oops
0.6 kg



Print view



Send e-mail











[Back to search results](#)

I can reduce my emissions this much:

Viihkaari 1, Helsinki - Näätkuja 12, Helsinki

Mode of travel	Distance	Emissions	Annual emissions per commuter trip *	Annual emission reduction **	Energy consumption of walking and cycling ***
 Route suggestion 1	3,8 km	0,2 kg	101 kg	155 kg	188 kJ / 45 kcal = 1 pieces of chocolate
 Route suggestion 2	3,8 km	0,2 kg	101 kg	155 kg	188 kJ / 45 kcal = 1 pieces of chocolate
 Route suggestion 3	3,8 km	0,2 kg	101 kg	155 kg	188 kJ / 45 kcal = 1 pieces of chocolate
 Cycling	3,4 km	0 kg	0 kg	256 kg	356 kJ / 85 kcal = 1.5 pieces of chocolate
 Walking	3,4 km	0 kg	0 kg	256 kg	708 kJ / 169 kcal = 3.5 pieces of chocolate
 Car	3,4 km	0,6 kg	256 kg	0 kg	0 kJ / 0 kcal = 0 pieces of chocolate

* Emissions have been calculated for a round trip, 220 working days a year.

** Emission reduction has been calculated by comparing the emissions of suggested routes to emissions from an average car.

*** Walking included in travel by public transport has been taken into account in the personal energy consumption.

Green Flag at Viikki Teacher Training School of Helsinki University



Green Student Team

- We are recruiting at the moment
- Team of three students
- Autumn term
- Information students and staff
- Part on First year experience events
- Volunteer student group
- Campaigns, events, e.g. campus gardening, saving energy, promoting recycling, ride bike to work

We want to welcome all students
to environmentally friendly
University and City of Helsinki.

