

12 May 2022, 11:30 - 13:00 CEST

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University for
Well-Being

How European University Alliances address the question of well-being

Promoted by Semmelweis University

UNICA &
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online event

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Webinar:
**How European University Alliances
address the question of well-being**
12 May 2022 | 11:30 – 13:00 CEST

PROGRAMME

<p>11:30 – 11:35</p>	<p>Welcome addresses</p> <p>Carmela Calès Bourdet, Former Vice Rector International, Universidad Autónoma of Madrid, and member of the UNICA Steering Committee</p> <p>Miklós Kellermayer, Dean of the Faculty of Medicine and EUniWell Project Leader, Semmelweis University</p>
<p>11:35 – 11:55</p>	<p>Chair: Carmela Calès Bourdet</p> <p>Keynote speech</p> <p><i>Urbanity and Infrastructure Development at Semmelweis University</i>, by Miklós Kellermayer</p>
<p>11:55 – 12:25</p>	<p>Presentations from representatives of European University Alliances engaging in well-being</p> <ul style="list-style-type: none"> ➤ <i>4EU+ Alliance and well-being in modern cities</i>, by Grzegorz Kula, Chair of Political Economy, Faculty of Economic Sciences, Warsaw University ➤ <i>Rethinking expertise: Co-creating inclusive communities with students</i>, by Stinne Vognæs, Project Coordinator UnaEuropa, University of Helsinki ➤ <i>A Biobank for promoting well-being in societies</i>, by Constantinos Deltas, Director of the Center of Excellence in Biobanking and Biomedical Research & Molecular Medicine Research Center, University of Cyprus (YUFE)
<p>12:25 – 12:55</p>	<p>Panel discussion and Q&A with the audience</p>
<p>12:55 – 13:00</p>	<p>Wrap-up</p>

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Biographies and abstracts of the speakers

in Carmela Calés Bourdet | Member of the UNICA Steering Committee



Prof. Carmela Calés Bourdet is member of the UNICA steering committee and Vice-Rector for Internationalization of Universidad Autónoma of Madrid. She is full Professor of Biochemistry and Molecular Biology at the Department of Biochemistry, School of Medicine, Universidad Autónoma of Madrid. Her research has evolved from classical biochemistry to molecular and cell biology and is currently focusing on biomedical approaches at the Instituto de Investigaciones Biomedicas Alberto Sols (IIBAS), a joint center from the “Consejo Superior de Investigaciones Científicas (CSIC) and the Universidad Autónoma de Madrid (UAM) and currently one of the most important Biomedical Research Centers in Spain. In her position as Vice-Rector, Prof. Carmela Calés Bourdet has been developing the UAM internationalization strategy since July 2017 and has been involved since the very beginning in CIVIS, the European University Alliance that has been selected for funding in the first pilot call. Since 2018, she is one of the three elected vocal members of the CRUE (Spanish Rectors Conference) Executive Board for Internationalization and Development. From 2010 to 2017, she was the Director of UAM Scientific Culture Unit. From 1999 to 2001 she was Vice-Dean for Research of the School of Medicine, and Vice-Director at the IIBAS from 2001 to 2003.

in Miklós Kellermayer | EuniWell / Semmelweis University



Miklós Kellermayer is the dean of the Faculty of Medicine, head of the Theoretical and Translational Medicine Doctoral School and chairman of the Department of Biophysics and Radiation Biology at Semmelweis University, Budapest, Hungary. He obtained his M.D. and Ph.D. degrees from the University of Pécs, Hungary in 1988 and 1998, respectively. He received his D.Sc. degree in 2007 from the Hungarian Academy of Sciences. He became full professor in 2008 at Semmelweis University. He has had several years of international research experience in the fields of muscle physiology and single-molecule biophysics at the University of Washington in Seattle, Washington State University in

Pullman and the University of California in Berkeley. He currently focuses on biomolecular mechanics, cytoskeletal and viral nanobiology, protein folding and in vivo imaging. He supervises the Georg von Békésy Biophysics Research Center at Semmelweis University that houses state-of-the-art instrumentation that allows imaging and manipulation from single molecules to small-animal organisms. He is a Howard Hughes Medical School International Alumnus, member of the Academia Europaea and has authored more than one hundred original research papers that received citations exceeding 5400, his H-index is 36 (Google Scholar).

Urbanity and Infrastructure Development at Semmelweis University - Semmelweis University is the largest medical and health-sciences training university of Hungary, and its importance and significance stretch beyond the national borders. Semmelweis University ranks number one in Hungary according to international university ranking scores, and it has gained regional and international recognition in numerous fields of science. In the past 40 years the international student body has been increasing owing to the progressively developing German and English training programs in medicine, dentistry, pharmacy and health sciences. The activity of large student body extends beyond the mere curricular duties, and our students are drawn into university-level decision-making processes, talent-support and cultural programs and a large number of extracurricular activities. The ever-increasing student representation and activities require a systematic development of university facilities. Recently, the planning of a new student training center has been initiated with keeping in mind the challenges of an inner-city campus and the connections to the environment of a large national capital. In the presentation the philosophy that stands behind this planning will be presented.

 **Stinne Vognæs | UnaEuropa / University of Helsinki**



[Stinne Vognæs](#) is a project coordinator for [Una Europa](#) at the University of Helsinki. In this role, she's responsible for the engagement and awareness-raising of Una Europa among the student body including student communication and co-creation of activities with students. Currently she is coordinating the Una Europa-wide challenge-based learning program [Una.Together](#). In this program, students are working in international and interdisciplinary teams to solve real challenges relating to diversity, equity, and inclusion of students in universities.

Rethinking expertise: Co-creating inclusive communities with students

While academic communities have made great progress to become more inclusive and representative, students can often feel left outside the process. Through challenge-based learning and design thinking, Una Europa is aiming to include and empower students with tools to include them in the process. In this presentation Stinne Vognæs will share about the example of the [Una.Together](#) programme, where students from across Una Europa work in international and interdisciplinary teams to solve real challenges posed by our partner universities to make our academic communities more inclusive.

Grzegorz Kula | 4EU+ / Warsaw University



Dr. Grzegorz Kula - PhD from Erasmus University Rotterdam. Lecturer at the Faculty of Economic Sciences, University of Warsaw. Coordinates Erasmus program at his faculty and is a representative of the University of Warsaw in the program committee of Flagship 1 "Health and demographic change in an urban environment" of the 4EU+ European University Alliance. Within the alliance he is involved in two educational projects: "Smart Cities for Ageing Societies" and "Urban Health Case Challenge". His research interests concerns mostly the problems of ageing at the local level and local finances.

4EU+ Alliance and well-being in modern cities - One of the objectives of the 4EU+ Alliance is to build educational programs fit to answer global challenges. In this presentation I will briefly discuss the Alliance, its objectives, works and achievements. In particular two of the 4EU+ Flagships will be of interest: Flagship 1 "Health and demographic change in an urban environment" and Flagship 4 "Biodiversity and sustainable development". I will analyze the developments of both flagships, the way in which they address the problem of well-being and sustainable development, and their plans for the future. In the final part of the presentation I will show examples of educational projects, which in my opinion have the potential to really improve the well-being in cities and use innovative educational methods.

Constantinos Deltas | YUFE / University of Cyprus



Constantinos Deltas studied Pharmacy at the National Kapodistrian University of Athens. He received his PhD in Biochemistry and Biomedical Sciences at Rutgers University, the State University of New Jersey, USA. In 1991, while at the Duke University Medical Center, NC, USA, he was invited by Dr Lefkos Middleton to return to Cyprus and be amongst the first nucleus of scientists who established and developed the Cyprus Institute of Neurology and Genetics. He is Professor of Genetics at the University of Cyprus since 2002. He is directing a research lab with special interest in inherited disorders, developing molecular genetics, cell biology and animal model projects. With external competitive funding he was the first to establish a Biobank for genetic disorders in Cyprus, in 2011. More recently, with EU and national funding, he is founder and Director of biobank.cy, a Research and Innovation Center of Excellence, focusing on Biobanking and Biomedical Research, at the University of Cyprus. Amongst others he is leading the Cyprus Human Genome project, aimed to 1000 Cypriot genomes, at first phase. He published more than 150 papers and presented his work in multiple international conferences as invited speaker. In 2014 he was honoured with the Cyprus Research Award-Distinguished Researcher 2014, which is awarded to researchers with long standing experience in Cyprus and who have demonstrated outstanding research achievements with local and international impact, honouring Cyprus.



A Biobank for promoting well-being in societies - The operation of a Biobank was considered amongst the 10 ideas changing the world. Indeed, a research Biobank is a well-organized medical and research infrastructure which archives data and biological material from volunteers, to use in research studies aimed to promote human health. This is achieved because a systematic archiving of clinical data associated with DNA and other biological material can be used in studies aimed to improve diagnostic and prognostic procedures, discover new knowledge, and prevent disease even discover new drugs, thus promoting well-being. This brief presentation will describe a huge project we started in Cyprus for building up a Biobank with European and national funding.

Our motto is: ***We Invest in Biobanking, we Invest in a Healthier Cyprus (World)!***