



9th UNICA GREEN Workshop
More sustainable lifestyles –
What role can universities play?

6-8 March 2019

University of Lausanne (UNIL), Lausanne, Switzerland

Wednesday, 6 March 2019

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| 10:00 – 15:30 | (Core Group members only) Meeting of the UNICA GREEN Core Group Including lunch <i>Amhipole, room 318</i> |
| 16:30 -17:15 | Registration and welcome coffee <i>Amphimax, in front of room 410</i> |
| Session 1: Opening of the 9th UNICA Green workshop <i>Amphimax, room 414</i> <i>Chair of the session:</i> | |
| 17:30- 17:45 | Opening by Nouria Hernandez, Rector of UNIL and Benoît Frund, Vice-Rector in charge of Sustainability and Campus management UNIL |
| 17:45- 18:45 | What is a sustainable lifestyle and how change towards it – A conceptual approach , by Christian Arnsperger, UNIL |
| 18:45- 19:00 | “Green your University” Award Ceremony <i>The “Green your University Award” project will be presented by Julia Wildi OR</i> <i>The winner will presents its project</i> |
| 19:00 -... | Dinner aperitif |

Thursday, 7 March 2019

Session 2: Good Practices exchange

Amphimax, room 414

Chair of the session:

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| 8:00 – 8:30 | Good Morning Coffee |
| 8:30-9:15 | A Transition to Sustainable Lifestyles – The Role of Universities by Bojan Baletic, University of Zagreb |
| 09:15 -10:15 | <ul style="list-style-type: none">• Mapping university's activities according to SDG, by Christine Bratrach, ETH Zürich• Act for Change, studying the long term impact of an awareness campaign based on gaming theory, by Aurore Nembrini, EPFL Lausanne |
| 10:15 – 10:30 | Break |
| 10:30 – 12:30 | <ul style="list-style-type: none">• Cooperation of universities with other societal actors to support Education for Sustainable Consumption, by Jana Dlouhá, Charles University Environment Centre• The Climate House project, by Katinka Grønli, University of Oslo• Energy awareness campaign based on participative process - results and outcomes, by Loïc Furcy, University of Lausanne• 6 E's for sustainable change: positive psychology in sustainable awareness and behavior change, by Rebecca Lefevere, Vrije Universiteit Brussel |
| 12:30- 14:00 | Lunch |

Session 3: Changing Behaviour

Amphimax, room 414

Chair of the session:

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| 14:00 -14:30 | <p>Applying sobriety policy in Zürich, by Tina Billeter, City of Zürich</p> <p><i>To achieve its energy objectives, the city of Zurich has implemented a policy of sobriety since 2010. Tina Billeter presents the content of this policy, the barriers and opportunities encountered in its implementation, and how it could also be applied in universities.</i></p> |
| 14:30 – 17:30 | <p>Changing people behaviour: another approach by Yves François and Jeremy Grivel, aXess Lab, Vevey</p> <p><i>aXess is a consultant agency specialized in behaviour change strategies. It uses scientific data from neuroscience and social psychology to help institutions to bring about change without imposing it.</i></p> |
| 17:30 – 19:00 | <p>Social program</p> <ul style="list-style-type: none">• Visit of photo exhibitions of Sustainability Week• Walk on the campus of UNIL• Visit of the Rolex learning Center, EPFL, with AxBess Lab• Experimenting science mediation at UNIL, l’Eprouvette |
| 19:00 - 19:30 | <p>Transport</p> |
| 19:30 - 22:30 | <p>Dinner At the Castel de Bois Genoud, Crissier</p> |
| 22:30 | <p>Return to the campus and the city</p> |

Friday, 8 March 2019

Session 4: Changing behaviour

Amphimax, room 414

Chair of the session:

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| 8:00 -8-30 | Good Morning Coffee |
| 8:30 -10:30 | <p>Changing people behaviour: another approach aXess Lab, Vevey</p> <p><i>Based on theoretical aspects explained the day before, participants will be invited to reflect on practical cases (among them, the case of the future student's housing building of UNIL).</i></p> |
| 10:30-10:45 | Coffee Break |

Session 5: Parallel sessions

Amphipole, rooms 414, 338, 340, 340.1, 342

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| 11:00-12:30 | <p>Session 5.1: Sustainable Governance: Sociocracy by LaMoViDA, University of Lausanne</p> <p><i>LaMoViDA (Laboratory for Sustainable and Alternative Lifestyles) is an active student association of UNIL carrying out a project aimed at the construction of an eco-place for housing, research and learning. The governance of this eco-place intends to be based upon sociocracy's principles. Through this workshop, LaMoViDA will introduce the participants to this system of governance and make them reflect on how it can be applied in the project.</i></p> |
| 11:00-12:30 | <p>Session 5.2: Students focus session</p> <ul style="list-style-type: none"> • SAVES 2 Project, by Joanna Romanowicz, NUS UK • ESSA Project, by Rachel Drayson, NUS UK • "Green Your University Award" winner presents its project TBC • Presentation of Swiss Sustainability week, by Marie-Claire Graf, VSN-FDD-FSS <p><i>This session is integrated to the program of the sustainability week of UNIL</i></p> <p><i>This session aims at gathering together students from UNIL, EPFL, Switzerland and UK in order to present a diversity of projects and foster exchanges on students' actions in sustainability on their campus and outside.</i></p> |
| 11:00-12:30 | <p>Session 5.3: UNIL Sustainability center by Nelly Niwa, University of Lausanne</p> <p><i>UNIL is about to launch an interdisciplinary platform on sustainability that aims at building a network of teachers and researchers wishing to better integrate this topic in their teaching and research. Nelly Niwa, the Director of this center, animates this workshop in order to present the initiative and gather input from participants on the project.</i></p> |

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| 11:00-12:30 | <p>Session 5.4: Sustainable rebound after the Genoa bridge collapse: PRINCE project by Luca Moreschi and Selena Candia, University of Genoa</p> <p><i>The PRINCE project is an experimental programme started in 2018 to encourage sustainable mobility after the collapse of Genoa Bridge. The research team of the University of Genoa will trace the students' mobility and map their journey to reach the campus. Considering these data, several incentives will be made in order to encourage students to maintain sustainable commuting habits. Luca Moreschi will present more in details the project and gather good ideas from the participants in order to enrich this recently launched project.</i></p> |
| 11:00-12:30 | <p>Session 5.5: Reflecting about professional mobility by Julien Meillard, University of Lausanne</p> <p><i>More and more universities acknowledge the impact of business travel, especially those undertaken by researchers. Julien Meillard, head of UNIL's mobility plan, will lead this session during which participants will be able to share good practices from universities concerning this challenge and reflect together on the implementation of a professional mobility policy.</i></p> |
| 12:30-13:00 | <p>Closing of the workshop by the UNICA GREEN Chairs by Rebecca Lefevere and Benoît Frund</p> <p>What future steps for UNICA GREEN? by Bojan Baletic, University of Zagreb</p> |
| 13:00-14:00 | <p>Farewell lunch</p> |
| 14:30 -16:30 | <p>Wrap-up (Core Group members only) - <i>Amhipole, room 318</i></p> |